



HEADLINE NEWS

July 2025

Greater Delaware Valley InterGroup of S.L.A.A.

slaadvi.org

What Does Our InterGroup Do?

The S.L.A.A. Greater Delaware Valley InterGroup (GDVI) covers the geographic areas of Eastern Pennsylvania, Central and Southern New Jersey, and the state of Delaware. Members of the fellowship are welcome to participate in all InterGroup committees & activities.

Here are a few things GDVI does:

- Updating and disseminating regional Meeting Lists
- Stocking and distributing S.L.A.A. literature locally
- Maintaining slaadvi.org
- Offering an Information Line, 609-621-SLAA (7522)
- Providing a 24-hour Inspiration Line, 215-574-2120
- Providing a 24-hour Story Line, 215-574-2121
- Organizing multiple retreats
- Organizing S.L.A.A. social events
- Distributing monthly e-mail blasts that include
 - GDVI meeting minutes
 - GDVI's monthly newsletter: Headline News
 - Flyers about GDVI-sponsored activities and other S.L.A.A. recovery events
- Sending delegates (local representatives) from GDVI to the Annual Business Meeting (ABM) of World-wide InterGroups

TRADITION 7

Every S.L.A.A. Group ought to be fully self-supporting, declining outside contributions.



GDVI Donation Campaign

To give to the GDVI donation campaign, please go to slaadvi.org/gdvi-donation-campaign/

Walking Into the Sunshine



By Steve M.

I'm 84 years old and I've lived a long, mostly healthy life. Unbeknownst to me and most of those who knew me, including family, friends, and work colleagues, I was living a lie! Who was I really--the man behind the mask, pretending I was someone I was not?

I had a childhood and adolescence filled with sexual abuse by a caregiver, physical abuse due to my scrawny stature, and emotional abuse because I was made to feel insecure, inferior, and inadequate. I retreated into my own self-imposed, solitary confinement where I would not be judged and where I could be the master of my fate.

I developed many fears--of social connection, of physical intimacy, of learning to drive a car, of dating. I was a virgin until I married at the age of 24 because I was sexually ignorant and underdeveloped.

I stayed alone and played alone until one day at summer camp when I was serenaded by the whole camp singing, "We love you Stevie, oh yes we do!" That was the fix and the adulation I had been looking for, and it set me off on a quest to prove I was worthy. So I began running away from my loneliness and self-pity. Over the next many years, I had a respected and honored legal career and became a competitive athlete, running every day for over 13 years and completing 22 marathons. I also became a serial seeker of love and sex in all the wrong places.

I would seek out massage therapists who would help me feel relief and self-hatred at the same time. Over many years, my life became unbearable as I tried to compartmentalize my real life from my fantasy world. All the while, I was selfishly acting in my interests, unaware of the wrongs I was committing against everyone else, including myself.

Finally, I was exposed after all of those years. I understood all of the harm I had caused. It was the best thing that could have happened to me. My wonderful wife of 54 years separated from me and put me on notice. I was at rock bottom, stumbling around in muck and chaos. It was time to engage with a therapist and confess to my behavior.

With the help of this therapist, I began to learn what I had done and that I was a sex and love addict. I also realized that my addictive compulsive disorders meant that I was on the autism spectrum. The therapist urged me to join SLAA and BSS (Brothers, Sisters, Siblings) in particular. I took her advice and now, after 280 meetings in 280 days, I am working the steps. I am learning from reading Journal articles and the Basic Text and listening to my loving and brilliant fellows.

My wife and I are amid a successful reconciliation, and I'm continuing my recovery every minute of every day. My story continues, and although I'm still and will always be an addict, I'm constantly working towards walking through the golden door into the sunshine!

What's in this issue?

Walking Into the Sunshine. New In-Person Meeting. Monthly GDVI Zoom Meeting. 7th Tradition. Annual Picnic. Meet the CSTCC. ABC/M Information. Service Opportunities. SLAA YouTube Channel. September Step Retreat. Inspiration Lines. Newcomer Meetings. Upcoming Social Events.

Meet Our Board

Lisa S. – Chair
 John D. (PA) – Co-Chair
 Lindsey B – Treasurer
 John D. (PA) – Website Coordinator
 Joe W. – Meeting List Coordinator
 Brian H. – Literature Chair
 Ari F. – Retreats/Recovery Events Chair
 Lisa S. – Headline News/Graphics Chair
 Martin W. – Corresponding Secretary
 Dave C. – Recording Secretary
 John D.(NJ) and Andrew R – Outreach Co-Chairs
 Lyle H. – Information Line Coordinator
 Michael S. – Inspiration Line Coordinator

Monthly GDVI Zoom Board Meeting ALL ARE WELCOME!

Second Tuesdays, 7:00 – 8:30 pm

June 10 and July 8

Zoom Meeting ID:

[\(987\) 6668-8215](tel:198766688215)

Password: GDVI2021

Zoom dial in audio only:

(646)558-8656

Audio access code:

06051431#



In-Person Meeting!

FLEMINGTON, NJ
 State of Grace Meeting
 Open Door Recovery Center
 5 East Main Street
 Saturdays 10:00 AM
 (begins June 7th, 2025)

Meet the CSTCC

Did you know that there is a committee that can answer all of your fellowship questions?

The Conference Steps Traditions Concepts Committee is here for you!



Problems in a meeting?

Struggling with steps?

Confused about service?

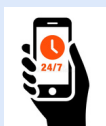
Ask us anything!

slaafws.org/committee/cstcc

For a searchable list of previously asked questions, go to slaafws.org/knowledge/tradqa/

Inspiration

24 Hours a Day/
7 Days a Week



The GDVI S.L.A.A. Inspiration Lines are available 24 hours a day. S.L.A.A. members offer voice messages of their experience, strength and hope. At the end of the recorded message, callers may leave feedback about the message or get current. This recovery tool supports both recorders and listeners.

215-574-2120
Daily Inspiration Line

215-574-2121
Weekly Inspiration Story Line



Annual All-Gender S.L.A.A. Step Retreat

September 5 to 7, 2025

Kirkridge Retreat Center, Bangor, PA
Commuter and Non-Commuter Options. Shared rooms only. Financial aid available.
Registration opens June 29th.

SAVE THE DATE

Sunday, July 27, 2025

12-4 pm

Core Creek Park, Pavilion 7
Langhorne, PA

Potluck!

Grilling items, condiments, and beverages provided

Food, Fun, Fellowship!



Open to
Fellows,
Families, and
Friends

(Children under 5
welcome, older
children not
encouraged)

Service Opportunities

Our Intergroup is hosting this year's ABC/M, which will be entirely virtual. Volunteers are needed to help facilitate fundraisers and social events that will occur during the ABC/M. For more information, contact

abmLPC@slaadvi.org

Volunteers Needed at Co-Working Space!

GDVI is hosting a co-working space for the ABC/M at Daylesford Abbey in Paoli, PA on August 7-9. Volunteers are needed for 2 to 3 hour shifts to organize or run errands at the Daylesford Abby during the conference. Contact

abmLPC@slaadvi.org to volunteer.

SLAA YouTube Channel



Did you know that SLAA has its own YouTube channel? The channel is managed on behalf of the SLAA Conference by the Conference Public Information Committee (CPIC) to provide anonymous means to share member experience, strength & hope on how we recover from sex and love addiction.

On the channel, you'll find videos on various SLAA subjects, such as Sponsorship, Brain Health and Sex and Love Addiction, Healing Shame, Sex and Love on the Internet, Sexual Anorexia, and Sober Dating, to name a few.

To view the channel, go to youtube.com/channel/UC-7x6KL5KZda8Owr3ZH-tOg

For more information about the CPIC, go to slaafws.org/committee/cpic

2025 Annual Business Conference/Meeting (ABC/M)

This year's ABC/M is a virtual event coordinated by Fellowship-Wide Services (F.W.S.) of S.L.A.A. on Thursday, August 7 through Sunday August 10th. At the ABC/M, delegates participate in discussing Items (IFDs) and voting on Motions to provide consensus and direction to F.W.S. More importantly, the ABC/M is dedicated to forming community-wide group conscience and supporting service and recovery within the S.L.A.A. program.

To learn more about the ABC/M, go to slaafws.org/abminfo/ and click on "2025 General Information."

To view the agenda for this year's ABC/M go to slaafws.org/abminfo and click on "2025 Agenda Second Version"

Volunteers are needed to review the agenda. This is a unique service opportunity that will allow participants to see inside the process behind S.L.A.A. literature and procedures.

Zoom meeting 7pm-9pm EST 7/22. Contact Steve at abmLPC@slaadvi.org.

Newcomer Meetings

Full meeting details can be found at slaadvi.org/meetings

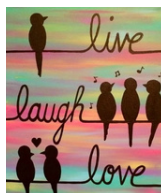
- **Monday** In-Person & Online 6:30 PM, Philadelphia
- **1st, 3rd, 5th Tuesdays** In-Person, 7:00pm, Philadelphia
- **Thursday** In-Person, Men's Only, 7:30pm, Rumson, NJ,
- **Friday** In Person, 7:30pm, Montclair, NJ
- **Friday** Online Only, 7:30pm, Montclair and Perkasie Beginner's Meeting,
- **NEW! Saturday** In-Person, 10:00 am, Flemington, NJ

Upcoming Social Events

Recovery Paint on a Farm



Sunday, August 24
3:00-6:00 pm
90 minute paint event, farm tour, and S.L.A.A. meeting in Ringoes, NJ



\$45 per person
Light snacks and beverages included
Limited to 22 attendees
Financial aid available
Info and register at slaadvi.org/activities

Glass Fusing Art Activity



Sunday, October 19
2:30pm to 8:00 pm
Glass Fusing art activity, meal, and meeting
Doylestown, PA



\$35 per person + cost of dinner at Jules Thin Crust Pizza. 7 pm Doylestown S.L.A.A. meeting to follow. Financial aid available. Info and register at slaadvi.org/activities