

GDVI Women's 12 Step Retreat Schedule: April 21 - April 23, 2023 Stanhope NJ

Have your printed basic text with you for all step meetings

Meals are in the Dining Room & Back Foyer. All Meetings start in the Front Foyer unless otherwise noted

Literature Items and snacks available through the weekend Location: Back Foyer

Friday

- 3:00 pm - 5:45 pm *Registration, yankee swap gift drop off, name tag and folder decorating, explore the area, meet old & new friends*
Location: Front Foyer
Greeters: TBD. (3pm to 4pm) TBD. (4pm to 5pm) TBD. (5pm to 5:45pm)
- 5:45 pm - 6:45 pm *Fellowship & Dinner (take out, delivery, brought with you or go out)*
- 6:15 pm - 6:45 pm *Continued registration Greeter: TBD. (5:45pm to 6:45pm)*
- 7:15 pm - 8:00 pm **Welcome Meeting begins promptly at 7:15 pm**
Meet Innkeeper, Ice breakers, service list, review meeting schedule & guidelines. Breakfast selection
- 8:00 pm - 11:00 pm *Draw names for leaders/speakers, safety ground rules, Q & A [Break]*
Getting current meeting
-length of time depends on number of attendees, all attendees can go to bed or commuters can leave at any time after getting current meeting begins-

As a reminder, when you registered you have acknowledged this retreat requires all attendees to participate together to share and grow using the S.L.A.A. Basic Text. We all will learn from your own experience, strength and hope no matter how short or long you have been in recovery. Self-care may be taken at times you are not chosen for speaking/leading/service or during the scheduled break times.

Saturday

- 7:00 am - 7:45 am **Morning Meditation and Stretch Location: Front Foyer**
- 7:30 am - 8:15 am *Fellowship and Breakfast together*
- 8:30 am - 11:00 am **Step 1, 2, 3: Speakers & Buzz groups**
- 11:15 am - 12:15 pm *Fellowship and Lunch*
- 12:30 pm - 2:15 pm **Step 4, 5: Mini-assignment, Speaker, & Buzz groups**
- 2:30 pm - 4:30 pm **Step 6, 7: Speakers & Buzz groups**
- 4:45 pm *Break, Fellowship and Dinner planning*
- 5:15pm - 6:45 *Fellowship & Dinner (take out, delivery, brought with you or go out)*
- 7:00 pm - 8:45 pm **Re-Entering Announcements, GDVI/FWS, Getting Current Meeting Location: Front Foyer**
- 8:45 pm to 10 pm **Yankee Swap: FUN AND ENTERTAINMENT Location: Front Foyer**

Sunday

- 7:00 am - 7:45 am **Morning Meditation and Stretch Location: Front Foyer**
- 7:30 am - 8:15 am *Fellowship and Breakfast together*
- 8:15am to 8:45 am *Fellowship or check out of your room*
- 9:00 am - 11:30 am **Outreach & Safety reminders Step 8, 9: Speakers & Group shares**
- 11:45 am - 1:15 pm **Step 10, 11, 12: Speakers & Group shares**
- 1:15 pm **Basic Text Closing, 11th Step Prayer & Closing Song**

Check out of your room by 9:00am. Please place your belongings in the main entrance or back at your car (if applicable). Must be out by 2:30pm.