



## What does our Intergroup do?

The S.L.A.A. Greater Delaware Valley Intergroup (GDVI) covers the geographic areas of Eastern Pennsylvania, Central and Southern New Jersey, and the state of Delaware. Members of the fellowship are welcome to participate in all Intergroup committees & activities.

- Updating and disseminating regional Meeting Lists
- Stocking and distributing S.L.A.A. Literature locally
- Maintaining SLAADVI.ORG
- Offering an Information Line, 609-621-SLAA (7522)
- Providing a 24-hour Inspiration Line, 215-574-2120
- Providing a 24-hour Story Line, 215-574-2121
- Organizing multiple retreats
- Organizing S.L.A.A. social events
- Distributing monthly e-mailings of GDVI meeting minutes and GDVI's monthly newsletter: *Headline News* as well as flyers about GDVI-sponsored activities and other S.L.A.A. recovery events
- Sending Delegates (local representatives) from GDVI to the Annual Business Meeting of world-wide Intergroups

## Who is the GDVI Board?

Lisa S. - Chair  
 John D. (PA) - Co-Chair  
 Michael S. - Treasurer  
 Joe W. - Website Coordinator  
 Brian H. - Literature Chair  
 Ari F. - Retreat Chair / Graphics Chair  
 Risa J. - Corresponding Secretary Chair  
 Martin W. - Corresponding Secretary Co-Chair  
 Raul V. - Recording Secretary  
 Wayne S. - Social Committee Co-Chair  
 Risa J. - Social Committee Co-Chair  
 John D. (NJ) - Outreach Chair  
 Jared G. - Outreach Co-Chair

# HEADLINE NEWS

Greater Delaware Valley Intergroup (GDVI)  
**DECEMBER 2024**

**DID YOU KNOW?**

## Singleness of Purpose

Boy, what a concept! It implies focus, direction, and commitment. For me, because I tend to be slightly anal in my approach to any given circumstance, it required a paradigm shift, a new way of looking at things. Of course most people are quite different as to how they go about the daily routines of their lives. As people in recovery we are unique in that after being in the program for a while we are able to see changes that have come to pass in our lives and begin to apply some of them as we begin to grow (recover) in our programs.

For me the level(s) of commitment came in piecemeal fashion. A bit here and a bit there, but it all started with the commitment to do the program! My wife took our family calendar and highlighted each day that I had meetings, therapy, and recovery events. Nothing is ever scheduled on those days, and only emergencies and unexpected family events were exceptions.

**What's in this issue:** Singleness of Purpose. GDVI Hybrid Event for ALL TO JOIN on December 7. New In-Person Meetings. Events and activities. Inspiration 24/7. Meeting and a Meal Series. Service opportunities. Free audio available.

This still applies to this day!

If you walk into a room where people are talking and they are always talking about the same thing, sooner or later you are bound to remember some of what they said! I have been going to two meetings a week (plus committee work) for thirteen years and I don't think I have missed twenty meetings total in that time. Looking back over those years, I believe the first major changes began to manifest at about the three year mark.

Don't get me wrong, I was listening, working the steps (to the best of my ability at the time), and even was doing service. The thing I wasn't doing was applying anything to my life. Over the next few years I remained immersed in the program of recovery. Understandings began to crack the wall of resistance my addict had created. I began to see truths that had eluded me in my life. I poured myself into a program specific to my particular form of addiction, and involved myself in more service, because that forced me to be accountable to those I am mentoring and sponsoring.

This is the new me, no (cont. page 2)

**SATURDAY**  
 December 7th  
 Flemington NJ  
 12:00pm to 6:00pm

12pm to 1pm In-person pizza party

1pm to 2:30pm In-person 3 circles, gratitude and prayer water color activity

2:30pm to 4pm Hybrid Meeting  
 Speakers & Tools from GDVI and FWS.

4pm to 5:30pm Hybrid GDVI board meeting & recognition

5:30-6pm clean up

**RSVP [slaadvi.org/amtg24/](http://slaadvi.org/amtg24/)**

Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.  
 - TRADITION 12

**ALL ARE WELCOME**



**Special Hybrid Meeting**  
**SATURDAY, DEC 7**

**Monthly Intergroup: 2nd Tuesdays**  
 7pm Online

Zoom Meeting ID: 987 6668 8215

Password: GDVI2021

Zoom dial in audio only: (646)558-8656

Audio access code: 06051431#

**Scan here to view this issue and all monthly issues of the GDVI Headline News**



## CONTINUED FROM PAGE 1

### Singleness of Purpose

....longer the Narcissistic Fantasy Addict, the paradigm shift has done its job! I'm not finished, there are still some cracks I need to look into, and I always need to remember where I came from and why I'll keep coming back!  
- John S., CA

## CONFERENCE COMMITTEES

### TOP LINES - YOU CAN DO SERVICE TOO- GIVE BACK

The are many pieces of S.L.A.A. Literature in the works to support the Fellowship. They need your help - The Literature Committee or the Member Retention Committee are two places you can start to help review S.L.A.A. materials.



You can view all Conference Committees Information and Log In information online at:  
[slaafws.org/conference-committees/](http://slaafws.org/conference-committees/)

## INSPIRATION 24 HOURS - 7 DAYS A WEEK

The GDVI S.L.A.A. Inspiration Line is available 24 hours a day. S.L.A.A. members offer voice messages of their experience, strength and hope. At the end of the recorded message, callers may leave feedback about the message or "get current" (share what's going on for today). This recovery tool supports both recorders and listeners.



## WE ARE HERE FOR YOU!

215-574-2120  
Daily  
Inspiration  
Line

215-574-2121  
Weekly  
Inspiration  
Story Line

## NEW IN PERSON MEETINGS & MEETING SPACE AVAILABLE

### meeting locations found at [slaadvi.org/meetings](http://slaadvi.org/meetings)

New Hybrid Tuesday 7:30pm  
Morristown Memorial  
Hospital, Morristown, NJ

New Morning In-Person  
Fridays 7:30am  
22nd Street & Mt Vernon  
Philadelphia, PA

Space  
Available

Want to start a meeting?

Thursday and Saturday  
7:30pm is open for  
in person meetings at  
Morristown Memorial  
Hospital. Morristown, NJ

## theJOURNAL FREE AUDIO LIBRARY

210 Issues and Counting -  
Read, Listen, Download, Print!



[slaafws.org/thejournal](http://slaafws.org/thejournal)



Released January 2024  
Issue #206 - Sponsoring



Released November 2023  
Issue #205 - Struggle with Aging



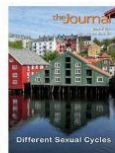
Released September 2023  
Issue #204 - Messages Of Recovery



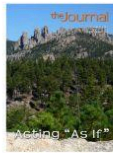
Released August 2023  
Issue #203 - Self-Love



Released July 2023  
Issue #202 - Recovery Suggestions



Released June 2023  
Issue #201 - Different Sexual Cycles



Released March 2023  
Issue #200 - Acting As If



Released November 2022  
Issue #199 - Fun in Dating

## SEEKING APPLICANTS 2025 GDVI BOARD POSITIONS



- WEBSITE COORDINATOR
- GRAPHICS CHAIR
- CORRESPONDING SECRETARY
- RECORDING SECRETARY
- LITERATURE COORDINATOR
- SOCIAL CO-CHAIR
- TREASURER

Email: [slaadvi.outreach@gmail.com](mailto:slaadvi.outreach@gmail.com)

ROLES AND RESPONSIBILITIES →

[SLAADVI.ORG/POSITIONS](http://SLAADVI.ORG/POSITIONS)

UPCOMING  
GDVI EVENTS  
[slaadvi.org/activities](http://slaadvi.org/activities)

## UPCOMING EVENTS

**Wed January 1, 2025  
NYD 2025 Hybrid Event  
12:30 to 5 p.m. ET**

Three Speakers, Food & Fellowship! Potluck Lunch. In Person at New Life Church, Newtown, PA Or Attend Via Zoom & Phone. Spouses/Partners are Welcome! Register to receive Zoom information.  
[slaadvi.org/nyd2025](http://slaadvi.org/nyd2025)  
Check your time zone at [worldtimebuddy.com](http://worldtimebuddy.com)

## ONGOING EVENTS

### MEETING & A MEAL MORE INFO AT

[slaadvi.org/mandm](http://slaadvi.org/mandm)

EASTON, PA - Sundays  
1st Sundays following the meeting.  
METUCHEN, NJ - Mondays  
Last Mondays before the meeting.  
LAFAYETTE HILL, PA  
Sunday, Wednesday,  
Friday nights & Saturday  
afternoons meals.

### NEW Sponsorship Focus Zoom Meeting

Every Sunday 8pm ET  
Zoom ID: 844 1125 5843  
Passcode: 612801

This meeting was created by the Conference Sponsorship Committee (CSPC). Rotating Format.