



What does our Intergroup do?

The S.L.A.A. Greater Delaware Valley Intergroup (GDVI) covers the geographic areas of Eastern Pennsylvania, Central and Southern New Jersey, and the state of Delaware. Members of the fellowship are welcome to participate in all Intergroup committees & activities.

- Updating and disseminating regional Meeting Lists
- Stocking and distributing S.L.A.A. Literature locally
- Maintaining SLAADVI.ORG
- Offering an Information Line, 609-621-SLAA (7522)
- Providing a 24-hour Inspiration Line, 215-574-2120
- Providing a 24-hour Story Line, 215-574-2121
- Organizing multiple retreats
- Organizing S.L.A.A. social events
- Distributing monthly e-mailings of GDVI meeting minutes and GDVI's monthly newsletter: Headline News, as well as flyers about GDVI-sponsored activities and other S.L.A.A. recovery events
- Sending Delegates (local representatives) from GDVI to the Annual Business Meeting of world-wide Intergroups

Who is the GDVI Board?

Lisa S. - Chair
 John D. (PA) - Co-Chair
 Michael S. - Treasurer
 Joe W. - Website Coordinator
 Brian H. - Literature Chair
 Ari F. - Retreat Chair / Graphics Chair
 Risa J. - Corresponding Secretary Chair
 Martin W. - Corresponding Secretary Co-Chair
 Raul V. - Recording Secretary
 Wayne S. - Social Committee Co-Chair
 Risa J. - Social Committee Co-Chair
 John D.(NJ) - Outreach Chair
 Jared G. - Outreach Co-Chair

HEADLINE NEWS

Greater Delaware Valley Intergroup (GDVI)
OCTOBER 2024

DID YOU KNOW ?

It Works if you work it: Comments after the Annual Fall 12 Step Retreat

Ari F. and John D. (PA) and the Greater Delaware Valley Intergroup (GDVI) pulled off another successful Twelve Step retreat at the Daylesford Abbey in Paoli, Pennsylvania. Twenty attendees participated from distances as close to five miles away all the way to attendees joining us from Texas and Indiana.

On the feedback form following the retreat weekend, GDVI asked:

List 3 things you see yourself doing in the next few weeks for your recovery based on what you have learned this weekend.

"Find a sponsor"

"I am going to try and recognize and acknowledge my defects but not obsess over them"

"I will try and focus my attention on my assets"

"I will keep doing service"

"Changing critical thinking or not being so judgemental"

"Step studies at group level"

What's in this issue

Step retreat comments. October & November Social Events and activities. Inspiration 24/7. Meeting and a Meal Series. Service opportunities. Understanding 7th Tradition.

"Start taking a nightly inventory"

"Recommit to daily conscious contact with God"

"Look for more Step 12 opportunities"

"Establishing my circles"

"Joining meetings significantly more often"

"Working the first step"

"Make outreach calls"

"Practice meditation and quiet time with God"

Service Keeps Us Sober SATURDAY 10.5.24

Door opens at 8:30, Program 9am to 2pm, 2 Speakers, Sandwiches and refreshments provided. Feel free to bring any dishes that you would like to share with everyone. Workshop & Sharing on the Topic. Located: Perkasio Mennonite Church, 320 W. Chestnut Street, Perkasio, PA \$5 Donation is appreciated (but not required)

LEARN MORE »

JAN 2025 GDVI Board Positions Open

Corresponding Secretary
 Graphics Chair
 Website Coordinator

Training and support included



S.L.A.A. has no opinion on outside issues; hence the S.L.A.A. name ought never be drawn into public controversy. - TRADITION 10

Scan here to view this issue and all monthly issues of the GDVI Headline News



Monthly Intergroup: 7pm
 2nd Tuesdays
 OCT 8 + NOV 12
 All are welcome

Zoom Meeting ID: 987 6668 8215

Password: GDVI2021

Zoom dial in audio only: (646)558-8656

Audio access code: 06051431#

CONFERENCE COMMITTEES

TOP LINES - YOU CAN DO SERVICE TOO- GIVE BACK

Currently there are over a dozen Conference Committees. A Conference Committee (along with sub-committees) invite any S.L.A.A. member who wants to work in a specific area or on a particular project supporting our Fellowship. This is an excellent way to be of service and use your passions, interests and talents to support the Fellowship. Committees meet on a monthly basis via virtual platforms.

To learn more about the various Committees available click this icon on slaadvi.org homepage.

 Interested in Service Opportunities? - Click Here to find out more about participating on Conference Committees*

INSPIRATION 24 HOURS - 7 DAYS A WEEK

The GDVI S.L.A.A. Inspiration Line is available 24 hours a day. S.L.A.A. members offer voice messages of their experience, strength and hope. At the end of the recorded message, callers may leave feedback about the message or "get current" (share what's going on for them today). This recovery tool supports both recorders and listeners.

215-574-2120

Daily Inspiration Line
WE ARE HERE FOR YOU!

215-574-2121

Weekly Inspiration Story Line

UNDERSTANDING 7th TRADITION

60/40 Pamphlet includes a full description to help



MEETING AND A MEAL



EASTON, PA - Sundays

1st Sundays following the meeting.

Restaurant choice rotates.

RSVP requested.

METUCHEN, NJ - Mondays

Last Mondays before the

meeting. Diner local to meeting.

RSVP requested.

LAFAYETTE HILL, PA

Sunday, Wednesday, Friday nights &

Saturday afternoons meals frequent.

No RSVP needed.



IN PERSON MEETINGS

meeting locations found at
slaadvi.org/meetings

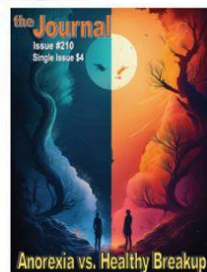
New Hybrid Tuesday 7:30pm
Morristown, NJ

theJOURNAL FREE AUDIO LIBRARY

210 Issues and Counting -
Read, Listen, Download, Print!



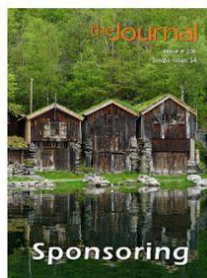
slaafws.org/thejournal



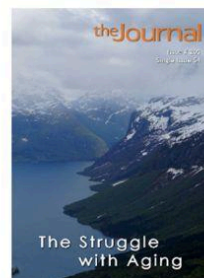
Released September 2024
Issue #210 Anorexia vs. Healthy Breakup



Released September 2024
Issue #209 - Recovery Through Service



Released January 2024
Issue #206 - Sponsoring



Released November 2023
Issue #205 - Struggle with Aging

UPCOMING
GDVI EVENTS
slaadvi.org/activities

OCTOBER EVENTS

SOBER OCTOBER

Every Sunday in October at 7pm. Each week there will be a speaker at this meeting. Located: 452 Germantown Pike, Lafayette Hill, PA (park & enter rear of building)



Spooky Stroll & Supper Lambertville, NJ THURSDAY 10.17.24

Halloween In Lambertville is a popular experience from elaborate highly detailed works of art to scarecrows and decor. Enjoy a nighttime spooky stroll with SLAA fellows followed by supper (own expense). Meet at 6:15pm at 243 N Union St, Lambertville, NJ. Register & RSVP online. Free event.

Sound Bath Healing & a Meeting Branchburg, NJ SUNDAY 11.24.24

Enjoy a deep meditation with the sound of crystal singing bowls and wind chimes to help reach relaxation and deep state of rest. 1 hour Twelve step meeting & dinner to follow at your own expense. \$32 with Partial financial aid upon request. Register online: slaadvi.org/heal