

What does our Intergroup do?

The S.L.A.A. Greater Delaware Valley Intergroup (GDVI) covers 11113 the geographic areas of Eastern (HI) Pennsylvania, Central and Southern New Jersey, and the state of Delaware. Members of the fellowship are welcome to participate in all Intergroup committees & activities.

- Updating and disseminating regional Meeting Lists
- Stocking and distributing S.L.A.A. Literature locally
- Maintaining SLAADVI.ORG
- Offering an Information Line, 609-621-SLAA (7522)
- Providing a 24-hour Inspiration Line, 215-574-2120
- Providing a 24-hour Story Line, 215-574-2121
- Organizing multiple retreats
- Organizing S.L.A.A. social events
- Distributing monthly e-mailings of GDVI meeting minutes and GDVI's monthly newsletter: Headline News, as well as flyers about GDVI-sponsored activities and other S.L.A.A. recovery events
- Sending Delegates (local representatives) from GDVI to the Annual Business Meeting of world-wide Intergroups

Who is the GDVI Board?

Lisa S. - Chair John D. (PA) - Co-Chair Michael S. - Treasurer Joe W. - Website Coordinator Brian H. - Literature Chair Ari F. - Retreat Chair / Graphics Chair Raul V. - Recording Secretary Wayne S. - Social Committee Co-Chair Risa J. - Social Committee Co-Chair John D.(NJ) - Outreach Chair

Jared G. - Outreach Co-Chair

Greater Delaware Valley Intergroup (GDVI) AUGUST 2024

DID YOU **KNOW**

Struggles with Sponsorship Relationships

What are the obstacles and challenges that may be faced in sponsorship? While sponsorship is very rewarding, many of us will experience obstacles and challenges. The primary role of a sponsor is to guide another member through the Steps. Here are a few things to keep in mind in a sponger of mind in a sponsor-sponsee relationship:

- A sponsor-sponsee relationship has no set length of time.
 - A sponsor or sponsee may decide to discontinue the relationship at any time.
- A sponsor is not responsible for a sponsee's sobriety.
- A sponsee may discontinue their Step work; they are responsible for their own recovery journey.
- A sponsor can become overcommitted. As a sponsor, we share only our experience, strength, and hope as it applies to our own program of recovery. For issues beyond our experience with the Steps, we can use our support system or other external resources to help our sponsee. Page 11 If we find ourselves becoming possessive or offended by something a sponsee has said, we may need to check our ego. A sponsor's role is to support and to guide, not to control the sponsee.

When is it time to reevaluate the relationship with my sponsor?

From the sponsee's perspective, changing sponsors may be natural as our recovery progresses. The guidance we needed when we were in withdrawal may be significantly different from what we require as our recovery evolves. Not every sponsor is appropriate for all situations and scenarios. As a sponsee, we Martin W. - Corresponding Secretary Co-Chair recovery today. Here are some situations

> S.L.A.A. should remain forever nonprofessional, but our service centers may employ special workers. - TRADITION 8

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What's in this issue

Struggles with Sponsorship Relationships. Meeting and a Meal Series. Inspiration Line 24 hours a day. In person volunteers needed for August 8 to 10. Upcoming Events & Retreats.

that might cause us to reevaluate:

- Has our relationship status changed? (for example, not dating to dating)
- Do we trust our sponsor with the area of recovery we are experiencing?
- Is our sponsor no longer available?
- Is our sponsor not returning our calls?
- Is our sponsor dictating or controlling? Is our sponsor not respecting confidentiality?
- Is our sponsor pushing their religious, political, or other beliefs?
- Do our values align, or are there differences that could be disruptive?

As with many difficult relationship decisions, we should reach out to our recovery partners before we take any action. Regardless of how we move forward, we need to be honest with ourselves and our sponsor. We explain our specific concerns clearly. Again, this is an opportunity to practice healthy communication and to be transparent. Prayer and meditation through conscious contact with our Higher Power will help direct us.

These suggestions were taken from the S.L.A.A. draft literature on sponsorship. To receive a copy, complete the form at: slaafws.org/conference/cspc

Scan here to view this issue and . all of the issues of the GDVI **Headline News** Monthly Newsletter



Monthly Intergroup: 7pm 2nd Tuesdays AUGUST 13 + SEPT 10 All are welcome

Zoom Meeting ID: 987 6668 8215 Password: GDVI2021 Zoom dial in audio only: (646)558-8656

Audio access code: 06051431#

WE NEED YOUR HELP

We are looking for volunteers available in person during these time frames to join us at the Daylesford Abbey, Paoli PA Wed Aug 7 1pm to 3pm VOLUNTEERS

NEEDED

Thursday, August 8 7am, 12pm to 3pm

Friday, August 9 7am and 6pm to 9pm

Saturday, August 10 7am, 11am to 2pm, 6pm to 9pm

PREVIEW ROLES WE NEED HELP WITH and 回答证证证 SIGN UP HERE

Questions: Questions: slaadvi.outreach@gmail.com

CONFERENCE COMMITTEES

Currently there are over a dozen Conference Committees. A Conference Committee (along with subcommittees) invite any S.L.A.A. member who wants to work in a specific area or on a particular project. This is an excellent way to be of service to the Fellowship as a whole and use your passion, interests and talents to support the Fellowship. Committees meet on a monthly basis via virtual platforms.

Thursday August 8 and Friday August 9 (during the Annual Business Conference), any member can join to learn more about how you can participate in any of the committees. These are the 45 minute session times.

Scan for zoom log in



MEETING AND A MEAL



EASTON, PA - Sundays

1st Sundays following
the meeting. Restaurant choice rotates.
RSVP requested.

FLEMINGTON, NJ - Tuesdays August 6. Chimney Rock Inn. RSVP requested.

LAFAYETTE HILL, PA

Sunday, Wednesday, Friday nights & Saturday afternoons following the meeting, fellows go out to a local restaurant. No RSVP needed.

IN PERSON MEETINGS

meeting locations found at slaadvi.org/meetings

24 HOURS - 7 DAYS A WEEK INSPIRATION

We hit the 600,000th call to the Daily Inspiration Line on June 28, 2024 at exactly 9:59 pm EDT from Cincinnati, Ohio.

215-574-2120
Daily Inspiration Line

WE ÁRE HERE FOR YOU! 215-574-2121

Weekly Inspiration Story Line

CONFERENCE COMMITTEES TIMES ON AUG 8 and 9 (THURS AND FRI)



SESSION ONE

Day 1 (Thurs): 4pm to 4:45pm Day 2 (Fri): 10:15am to 11:00am SESSION TWO

Day 1 (Thurs): 5pm to 5:45pm Day 2 (Fri): 11:15am to 12:00pm

SESSION THREE

Day 1(Thurs): 6pm to 6:45pm Day 2(Fri): 1pm to 1:45pm UPCOMING
GDVI EVENTS
slaadvi.org/activities

UPCOMING EVENTS

08.17.24 TRENTON THUNDER BASEBALL



09.06.24 to 09.08.24 ANNUAL CO-ED STEP RETREAT PAOLI. PA

If you have attended before, you know its value. This year we are going to be reading from the draft Framework for Living literature where all attendees will read, share and write on the 12-Steps through-out the weekend. Limited to 25 Attendees. Friday to Sunday only. Commuter and Non-Commuter options available. Financial aid available upon request. More information and registration:

https://slaadvi.org/retreat



REGISTER FOR ALL EVENTS HERE

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