



What does our Intergroup do?

The S.L.A.A. Greater Delaware Valley Intergroup (GDVI) covers the geographic areas of Eastern Pennsylvania, Central and Southern New Jersey, and the state of Delaware. Members of the fellowship are welcome to participate in all Intergroup committees & activities.

- Updating and disseminating regional Meeting Lists
- Stocking and distributing S.L.A.A. Literature locally
- Maintaining SLAADVI.ORG
- Offering an Information Line, 609-621-SLAA (7522)
- Providing a 24-hour Inspiration Line, 215-574-2120
- Providing a 24-hour Story Line, 215-574-2121
- Organizing multiple retreats
- Organizing S.L.A.A. social events
- Distributing monthly e-mailings of GDVI meeting minutes and GDVI's monthly newsletter: Headline News, as well as flyers about GDVI-sponsored activities and other S.L.A.A. recovery events
- Sending Delegates (local representatives) from GDVI to the Annual Business Meeting of world-wide Intergroups

Who is the GDVI Board?

Lisa S. - Chair
 John D. (PA) - Co-Chair
 Michael S. - Treasurer
 Joe W. - Website Coordinator
 Brian H. - Literature Chair
 Ari F. - Retreat Chair / Graphics Chair
 Risa J. - Corresponding Secretary Chair
 Martin W. - Corresponding Secretary Co-Chair
 Raul V. - Recording Secretary
 Wayne S. - Social Committee Co-Chair
 Risa J. - Social Committee Co-Chair
 John D.(NJ) - Outreach Chair
 Jared G. - Outreach Co-Chair

HEADLINE NEWS

Greater Delaware Valley Intergroup (GDVI)
JULY 2024

DID YOU KNOW?

Experiences from the GDVI Annual Co-ed Retreat

Over 40 attendees joined us at the Daylesford Abbey retreat center for an annual retreat full of workshops, speakers and meetings. Some of the workshop topics included art, meditation, Step 4, 8 and 9, yoga, discovering our strengths, triggers and anorexia. There was time to socialize, build new relationships and dig deep on a variety of recovery topics.

The retreat was held from June 28 to 30th. Participants traveled from NJ, NY, DE, PA, MD and even one from Utah! The feedback and compliments were overwhelming.

"The accommodations are nice. The food is good. I heard feedback from others that felt it is too costly, but I disagree because you get 3 meals served buffet style and a nice clean room. Also I hear my sponsor in my head of saying **"how much did you spend acting out?"** So the cost is worth it."

"The emotional release workshop was amazing! I loved it. I am truly at a point in my recovery where I would like to do more of that. Exploring and healing! Thank you for all your hard work! It was an amazing retreat."

"The workshops were very useful. I liked that we were given my insight on the draft S.L.A.A. literature on sponsorship."

"As a newer member, hearing everyone's stories helps make it so I don't feel as alone."

"Yankee swap was a ton of fun and felt like a good fun way to end a long emotional day. I like how the silent auction was run. It wasn't raffle tickets. You could bid right there. You could see it. You could be a part of it and knowing that it was going to a good cause. As a newcomer being able to see and purchase, the literature was super helpful."

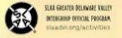
Every S.L.A.A. group ought to be fully self-supporting, declining outside contributions. - TRADITION 7

What's in this issue

Another successful retreat. Meeting and a Meal Series.
 Inspiration Line 24 hours a day. Annual picnic in July; RSVP. In person volunteers needed for August 8 to 10.
 Upcoming Events & Retreats. Inspiration Line hit 600,000 calls!



Meeting & Meal



EASTON, PA

1st Sundays following the meeting. Restaurant choice rotates. RSVP requested.

LAFAYETTE HILL, PA

Sunday, Wednesday, Friday nights & Saturday afternoons following the meeting, fellows go out to a local restaurant. No RSVP needed.

FLEMINGTON, NJ - Tuesdays

July 30. Thai food.
 August 6. Chimney Rock Inn. RSVP requested.

The GDVI "Meeting & Meal" Series combines an S.L.A.A. Meeting and Fellowship Meal and can be a great way to encourage fellowship from meeting participants. Add your meeting

www.slaadvi.org/mandm

Scan here to view this issue and all of the issues of the GDVI Headline News Monthly Newsletter



Monthly Intergroup: 7pm
2nd Tuesdays
JULY 9 + AUGUST 13
All are welcome

Zoom Meeting ID: 987 6668 8215

Password: GDVI2021

Zoom dial in audio only: (646)558-8656

Audio access code: 06051431#

BIG NEWS FOR GDVI

At the January monthly Intergroup meeting, it was decided that GDVI would host a co-work/co-service space for all ABM Virtual attendees. This will be held at the Daylesford Abbey in Paoli, PA.

We are looking for volunteers available in person during these time frames

12pm to 3pm and 6pm to 9pm
Thursday, August 8

11am to 2pm and 6pm to 9pm
Friday, August 9

11am to 2pm and 6pm to 9pm
Saturday, August 10

Please email
slaadvi.outreach@gmail.com
if you can be available on any of these dates.

This is beautiful opportunity to bring the fellows together who may want to conduct Fellowship business in person and for the local Intergroup to meet S.L.A.A. members from other areas.

S.L.A.A. RETREATS

**09.06.24 to 09.08.24
ANNUAL CO-ED STEP
RETREAT
PAOLI, PA**

If you have attended before, you know its value. However, this year we are going to be reading from the draft Framework for Living literature where all attendees will read, share and write on the 12-Steps. Registration opens mid July. Limited to 25 Attendees. Friday to Sunday only. No 1 or 2 day options permitted. Commuter and Non-Commuter options available. Financial aid available upon request.

More information and registration:

<https://slaadvi.org/retreat>

**VOLUNTEERS
NEEDED**

**DON'T MISS THE ANNUAL PICNIC
Saturday, July 20 12pm - 4pm**



Please RSVP (even if you are a "maybe" to help us prepare)

Grilling items, condiments & beverages will be provide by GDVI. Please bring a favorite snack, appetizer, salad or dessert.

12pm to 4pm
Core Creek Park, 901 East Bridgetown Pike, Langhorne, PA,
Dutchess Lane, Pavilion 7 is right on the lake. Follow the law signs.

slaadvi.org/gdvi-summer-picnic/

IN PERSON MEETINGS

New Monday Meetings

Lancaster, PA - 7pm

Metuchen, NJ - 7:30pm

meeting locations found at
slaadvi.org/meetings

**24 HOURS - 7 DAYS A WEEK
INSPIRATION**

We hit the 600,000th
call to the Daily
Inspiration Line on
June 28, 2024 at
exactly 9:59 pm EDT
from Cincinnati, Ohio.

215-574-2120

Daily Inspiration Line
WE ARE HERE FOR YOU!

215-574-2121

Weekly Inspiration Story Line

**The Inspiration Line & Story
Line are 24/7 phone numbers
with messages from our
members sharing their
experience, strength and hope**



**UPCOMING
GDVI EVENTS**

slaadvi.org/activities

UPCOMING EVENTS

**SUNDAY 07.28.24
PHILLIES BASEBALL**



Citizens Bank Park, Philadel-
phia, PA. Game will start at
1:35pm. Meet at First Base
Gate 12:45pm. \$50 per ticket.
SLAA Members and guests
are welcome. Registration
closes 7/18/24.

**08.17.24 TRENTON
THUNDER BASEBALL**

Trenton Thunder
Ballpark, Trenton,
NJ. Game will
start at 6:00pm. Meet Will
Call Window at 5:30pm. \$12
per ticket. SLAA Members
and guests are welcome.
Fireworks at the end of the
night. Registration closes
8/13/24.



REGISTER HERE

**REGISTER FOR ALL
EVENTS HERE**

