



What does our Intergroup do?

The S.L.A.A. Greater Delaware Valley Intergroup (GDVI) covers the geographic areas of Eastern Pennsylvania, Central and Southern New Jersey, and the state of Delaware. Members of the fellowship are welcome to participate in all Intergroup committees & activities.

- Updating and disseminating regional Meeting Lists
- Stocking and distributing S.L.A.A. Literature locally
- Maintaining SLAADVI.ORG
- Offering an Information Line, 609-621-SLAA (7522)
- Providing a 24-hour Inspiration Line, 215-574-2120
- Providing a 24-hour Story Line, 215-574-2121
- Organizing multiple retreats
- Organizing S.L.A.A. social events
- Distributing monthly e-mailings of GDVI meeting minutes and GDVI's monthly newsletter: Headline News, as well as flyers about GDVI-sponsored activities and other S.L.A.A. recovery events
- Sending Delegates (local representatives) from GDVI to the Annual Business Meeting of world-wide Intergroups

Who is the GDVI Board?

Lisa S. - Chair
 John D. (PA) - Co-Chair
 Michael S. - Treasurer
 Joe W. - Website Coordinator
 Brian H. - Literature Chair
 Ari F. - Retreat Chair / Graphics Chair
 Risa J. - Corresponding Secretary Chair
 Martin W. - Corresponding Secretary Co-Chair
 Raul V. - Recording Secretary
 John G. - Social Committee Chair
 Risa J. - Social Committee Co-Chair
 John D.(NJ) - Outreach Chair
 Jared G. - Outreach Co-Chair

HEADLINE NEWS

Greater Delaware Valley Intergroup (GDVI)
FEBRUARY 2024

**DID YOU
 KNOW ?**

Overcoming Obstacles

The Greater Delaware Valley intergroup held the first of a four-part series entitled *Overcoming Obstacles*. Part one, held on January 13 was establishing bottom, middle and top lines. Tools and a presentation about how to create and identify top, middle, and bottom-line behaviors were shared with attendees.

During the workshop, Radha G. of Philadelphia and Atlanta K., of the San Francisco Bay area shared their experience strength and hope on the topic. "Sometimes I take a person or behavior off my bottom lines and put it on my middle lines for observation. Other times I've had something on my middle lines reveal itself to be dangerous, so I put it on my bottom lines. My lines move as I move forward in my recovery," Atlanta shared during her story. The event had over 25 attendees at this virtual event including three members from Australia.

Member feedback received:

"I liked the visual of the 3 circles."

"I was very happy to receive the wisdom and knowledge."

"The speakers were great!"

"We have such a small fellowship in Australia, it's great to hear from others in fellowship from around the world."

"Really grateful. Very well put together."

"Super efficient and good timed reflection tasks."

For our group purpose there is but one ultimate authority -- a loving God as this Power may be expressed through our group conscience. Our leaders are but trusted servants; they do not govern. - TRADITION 2

What's in this issue

Overcoming Obstacles monthly recovery series. Two meeting updates. Inspiration Line. Upcoming Men & Women's 12 Step retreats. FWS & GDVI Information. Legal consequences virtual meetings. Donation campaign. Virtual ABM Big News.

Next month's topic is on the gift of no contact, which will be held on February 10 focusing on what a qualifier is and tips to maintain no contact. There will be two speakers. In March, the workshop topic will be Spirituality and the Steps. It will focus on how some members struggle with working the steps or finding a Higher Power. The workshop will give suggestions to support members in their recovery journey.



MEETING UPDATES

Sunday February 11, Lafayette Hill, PA in person meeting will have a guest speaker. **Time change:** 2pm instead of 7pm that day due to the Super Bowl.

Tuesday 7pm Flemington, NJ meeting has voted to make their meeting **hybrid**. Zoom access can be found at Meeting ID 556 703 0426
 Passcode: SLAANJ

Scan here to view this issue and all of the issues of the GDVI Headline News Monthly Newsletter



**Monthly Intergroup: 7pm
 2nd Tuesdays
 FEB 13 & MARCH 12
 All are welcome**

Zoom Meeting ID: 987 6668 8215
 Password: GDVI2021

Zoom dial in audio only: (646)558-8656
 Audio access code: 06051431#

24 HOURS - 7 DAYS A WEEK INSPIRATION

215-574-2120

Daily Inspiration Line
WE ARE HERE FOR YOU!

215-574-2121

Weekly Inspiration Story Line



The Inspiration Line & Story Line are
24/7 phone numbers with messages from
our members sharing their experience,
strength and hope



2023 VOLUNTEERS
& INSPIRATION LINE TEAM MEMBERS WHO
SUPPORT AND ORGANIZE
THE DAILY AND WEEKLY LINES

NEW GDVI BOARD: CONGRATS



CONGRATS! ...Newly Elected GDVI Board

Lisa S. - Chair

John D. (PA) - Co-Chair

Martin W. - Corresponding Secretary

Jared G. - Outreach Co-Chair



...Outgoing Board Members

Jon A. - Chair

Lindsey B. - Co-Chair (Interim Chair)



ELECT OUR DELEGATES
FOR THE ANNUAL
BUSINESS CONFERENCE

The **Delegate** is a member that
represents an Intergroup at the
ABC/M (Annual Business Conference/Meeting).



Come join us at the Feb 13th GDVI Meeting.
Zoom meeting access on Page 1

LEGAL CONSEQUENCES VIRTUAL MEETINGS



Sunday 7pm, Tuesday 8:30pm,
Wednesday 8:45pm

all genders welcome. Meeting is in ET zone
More info at slaadvi.org/legal

OVERCOMING OBSTACLES GDVI SECOND SATURDAY WORKSHOP SERIES



Jan. 13th: Establishing Bottom, Middle & Top Lines
Feb. 10th: The Gift of No Contact
Mar. 9th: Spirituality & The Steps
Apr. 13th: Sponsorship

ALL WORKSHOPS ARE HELD AT THE SAME TIME
2:00 pm ET / 11:00 am PT / 7:30 pm GMT / 5:00 am AEST



Learn More & Register at

SLAADVI.org/obstacles

IN PERSON MEETINGS

meeting locations found at
slaadvi.org/meetings



GDVI DONATION CAMPAIGN



GDVI is currently raising funds
for our intergroup expenses
and programs. Our goal is to
raise \$10,000 in
gifts of \$25 or
more. Please
consider giving
today!



BIG NEWS FOR GDVI

At the January monthly Intergroup
meeting, it was decided that GDVI
would host a co-work/co-service
space for all ABM Virtual atten-
dees. This will be held at the
Daylesford Abbey in Paoli, PA.
Many tech requirements have
been put in place to achieve a
successful outcome.

We are looking for volunteers available in person

Wednesday, August 7
Thursday, August 8
Friday, August 9
Saturday, August 10

Any hours you can contribute are appreciated.
Please email slaadvi.outreach@gmail.com
if you can be available on any of these dates.

This is beautiful opportunity to bring the fellows
together who may want to conduct Fellowship
business in person and for the local Intergroup
to meet people from other areas.



UPCOMING GDVI EVENTS

slaadvi.org/activities

SAVE THE DATES

OVERCOMING OBSTACLES

**"Gift of No Contact"
SATURDAY 02.10.24**

Join us on Zoom for the
second of the Overcoming
Obstacles workshop series.
February focus is the gift of
no contact. Register online to
receive log in. Donations
suggested, but not required.
All S.L.A.A. members are
welcome.

11am to 1pm ET

STEP RETREATS

There will be reading, sharing and
writing throughout the weekend.
If you have worked on the steps in
this type of format before, you
already know its value. If you have
not done any study of the Steps,
intensive or otherwise, this is a
great way to do it, especially the
first time. It gives you hope and
faith that the program steps work.

**INAUGURAL
MEN'S STEP RETREAT
03.01.24 to 03.03.24**

MEN'S 12 Step Retreat held in
Easton, PA. Commuter and
Residential spots. Register
online. Only 4 spots left!

**ANNUAL WOMEN'S
STEP RETREAT
04.26.24 to 04.28.24**

WOMEN'S 12 Step Retreat
Commuter and Non-Com-
muter spots. Limited to 12
women who identify as a sex
and love addict and use
pronouns she/her. NEW
Location - Long Beach Island,
NJ. Optional add on fellow-
ship to stay till Monday!
Only 3 spots left!