



The Augustine Fellowship of SLAA - Greater Delaware Valley Intergroup (GDVI)

I will be of service today and let go of expectations – A State of Grace p.80

Headline News

April 2018

Please print and share in meetings Apr. 2018/May 2018

For information go to

SLAADVI.ORG

GDVI serves the SLAA fellowship in the following important ways:

MEETING LISTS

Updates and distributes a comprehensive list of all Intergroup meetings.

LITERATURE

Supplies Intergroup meetings with SLAA pamphlets and Basic Texts.

WEBSITE

Maintains an up-to-date online news, information and guidance hub for Intergroup at SLAADVI.ORG.

INFORMATION LINE

Operates a telephone information line for newcomers seeking information on SLAA and local meetings.

Call **609-621-SLAA(7522)**.

INSPIRATION LINE

Offers strength and hope messages daily to all who are seeking help – 24 hours a day, 365 days of the year.

Call **215-574-2120**.

DAILY INSPIRATIONAL TEXT

Sends out a daily Inspirational Text to mobile phone subscribers. To sign up for the daily message go to WWW.SLAADVI.ORG/INSPIRATIONAL-TEXT-SIGN-UP.HTML.

INSPIRATION STORY LINE

Offers a weekly Inspirational Story where those in recovery share their stories to a worldwide audience – 24 hours a day, 365 days of the year.

Call **215-574-2121**

RECOVERY RETREATS

Sponsors annual retreats each year that provide enrichment and support to the women and men of Intergroup and others in SLAA.

COMMUNITY OUTREACH

Works with other organizations to promote recovery from addiction.

GDVI holds 1st SLAA Women's 12 Step Weekend Retreat

GDVI held its inaugural SLAA Women's 12 Step Weekend Retreat this year, February 16-18, and by all accounts it was a successful weekend for all who attended.

The driving force behind the institution of the retreat was Ari F., who not only initiated the process, but who organized, supervised and served as director of the program as well.

Her motivation was simple: "I was inspired to put on a retreat after attending my first 12 Step Retreat in Vermont in 2014. I have attended six retreats since then, and it has been my dream to have one [locally]."

Held at a charming bed & breakfast in Flemington, New Jersey, the retreat was attended by 17 women from three states: New Jersey, Pennsylvania and New York.

In assessing the quality of this event, the overwhelming majority of attendees approved of the location and organization of the weekend and were impressed favor-



Women's Retreat took place at a bed & breakfast in Flemington, NJ.

ably with the 12 Step format. Moreover, the majority of the attendees liked the venue's accommodations and the food.

No doubt, the biggest takeaway for those who attended was how they expected to use the weekend's experience going forward, which included working the steps more, attending meetings, building new relationships, sponsoring, rewriting bottom lines, making more calls, working towards amends, praying and mediating, and learning and growing.

It's no wonder that as a whole the group would not only recommend this retreat to others but would also consider attending the retreat again.



Saturday breakfast table at GDVI's Women's Retreat.

♦♦ IMPORTANT NOTICE ♦♦

GDVI's P.O. Box Has Changed

The new address is:

Augustine Fellowship-GDVI

P.O. Box 164

Langhorne PA 19047

Call the Inspiration Line at 215-574-2120



Insights & Reflections

My First Service Position Was a Personal Triumph

By Melissa K.

When I first came into SLAA I worked in Center City. I attended the New Leaf meeting every lunch hour, Monday through Friday. I was struggling and I kept hearing the slogan "service keeps you sober".

The New Leaf meeting had a requirement of 90 days sobriety before a person could lead a meeting for a month. I thought I would like to lead the New Leaf meeting: *If only I could remain sober for 90 days.* I fought hard to meet those sobriety requirements, but I kept relapsing. However, I kept coming back to New Leaf. It took me about six months of coming to the meeting every day to finally be successful in achieving 90 days sobriety.

Leading the New Leaf meeting did not mean being in a leadership position ... to me it was a personal triumph for me to be sober. I was sober enough to lead the meeting. It was one of the most important accomplishments in my first year.

This goal, this triumph, my first step on a long road of recovery was a small step, maybe even considered a "baby step"; but it was a baby step that led to further service. When GDVI announced 2018 as the Year of Service, I recalled with pride my first memory of doing service.

UPCOMING EVENTS

Annual GDVI Summer Picnic

Sunday, July 15, 2018, 12 – 5 p.m.

Core Creek Park, Langhorne, PA

Email: lindseyslaarecovery@gmail.com

Annual Business Meeting of SLAA

25 – 28, 2017 — San Antonio TX

GDVI is seeking delegates for the ABM. For delegate requirements visit: <https://slaafws.org/abminfo>

Annual Step Retreat

October 19 – 21, 2018

Daylesford Abbey, Paoli, PA

Email: dviretreatcoordinator@slaadvi.org

Inspiration Team Report February 2018

Inspiration Line received 4,486 calls for the month; average of 160 calls a day; the second highest monthly call count ever even though February only had 28 days. The total call count on 2/28/2018 was 264,580 calls. Since 2008, 1,226,384 inbound minutes have been logged, which equals over 20,439 hours of usage.

Inspirational Texting Service currently has 604 people signed up to receive a text every day. Ari from the I-team is working with Michael S. in sending out the texts. Technical difficulties resulted last month because Xfinity moved their email platform to another vendor, and around 40% of texts were never received by subscribers. Problems are almost resolved as of this writing. Michael S. is seeking another volunteer to help implement the texting service.

Inspirational Story Line received 1,110 calls, averaging over 39 calls a day. Total calls to date—5,655. Mark A. and the team have secured enough "Story Tellers" to carry the team into May 2018.

Story Line News: Michael S., Brenda, John D. and other members of the I-team have been assisting a group in the United Kingdom in starting their own Inspirational Services. Recently the UK Intergroup unanimously approved a motion to begin with an Inspiration Line and are considering developing other services like our story line and texting services. It is now official: **The United Kingdom Inspiration Line is set to go live on April 1, 2018.**

I-Team Business Meeting — March 1, 2018. Ari was elected I-Team Co-Chair. David I. was elected Co-Chair of the Inspirational Story Line. The following motion was unanimously proposed: The I-Team requests long-term approval and financial support from GDVI for the Inspirational Story Line.

ATTEND A GDVI MONTHLY MEETING

APRIL 10, 2018 / MAY 8, 2018

7 - 8:30 p.m.

444 N. 3rd St., Ste. 307, Phila. PA 19123 (Pro-Act Office)

Join the conference call.

Dial 641-715-3287 (passcode 542215#)