



The Augustine Fellowship of SLAA - Greater Delaware Valley Intergroup (GDVI)

Freedom from self-will running riot reveals unimaginable opportunities – A State of Grace p.64

Headline News

March 2018

Please print and share in meetings Mar. 2018/Apr. 2018

For information go to

SLAADVI.ORG

GDVI serves the SLAA fellowship in the following important ways:

MEETING LISTS

Updates and distributes a comprehensive list of all Intergroup meetings.

LITERATURE

Supplies Intergroup meetings with SLAA pamphlets and Basic Texts.

WEBSITE

Maintains an up-to-date online news, information and guidance hub for Intergroup at SLAADVI.ORG.

INFORMATION LINE

Operates a telephone information line for newcomers seeking information on SLAA and local meetings.

Call 609-621-SLAA(7522).

INSPIRATION LINE

Offers strength and hope messages daily to all who are seeking help – 24 hours a day, 365 days of the year.

Call 215-574-2120.

DAILY INSPIRATIONAL TEXT

Sends out a daily Inspirational Text to mobile phone subscribers. To sign up for the daily message go to WWW.SLAADVI.ORG/INSPIRATIONAL-TEXT-SIGN-UP.HTML.

INSPIRATION STORY LINE

Offers a weekly Inspirational Story where those in recovery share their stories to a worldwide audience – 24 hours a day, 365 days of the year.

Call 215-574-2121

RECOVERY RETREATS

Sponsors annual retreats each year that provide enrichment and support to the women and men of Intergroup and others in SLAA.

COMMUNITY OUTREACH

Works with other organizations to promote recovery from addiction.

From Shame to Grace

The theme of this year's Spiritual Retreat offers attendees the forum for progress in dealing with personal shame.

One of the great problems that many sex and love addicts have is dealing with shame, that is, living with the burden of shame and wanting so badly to come to terms with it in a nonaddictive way.

Like all addiction issues it takes time and focus before really coming to an understanding of shame and being able to do something positive about it.

Of course, it requires the discipline of going to meetings and hearing others share about how they deal with their feelings of shame. The process can be quite challenging, but it also is very liberating when it happens.

The upcoming GDVI Spirituality Retreat—*From Shame to Grace*—will offer the experience, strength, and hope of our workshop leaders to our attendees, who have to cope with shame either in their own lives or the lives of others.

2017 GDVI Website Report

For 2017, the SLAADVI.ORG website averaged about 77 hits per day (up from 60 hits per day in 2016) and reached nearly 16,700 unique visitors this past year, also up from 2016 by 2,841 (21% increase in outreach over last year).

For the year, GDVI received a total of 455 emails through the web site (about a 5% decrease), including approximately 175 requests for full meeting lists. All emails have been replied to as necessary.

At an annual cost of \$132 for 2017, the website allows us to reach online visitors for less than a penny (about \$0.8 cents) per visitor.

PayPal functionality continues to be a useful feature of the website. A total of 17 donations came through the website for a total of \$1,992. Registration for the three GDVI retreats via PayPal resulted in 44 online registrations and two donations to the Scholarship Fund for total net revenue of \$11,456. *For detailed 2017 statistics associated with GDVI's website see page 2.*

14th Annual GDVI Spirituality Weekend

March 9-11, 2018 at Daylesford Abbey

Begins Friday at 5 p.m. and ends Sunday at 11 a.m.

\$315 – Full Registration – Includes workshops, single room lodging for 2 nights, all meals from Friday dinner through Sunday breakfast

\$215 – Commuter Registration – Includes all workshops and meals for 3 days

• For Retreat information, registration forms and PayPal payment go to GDVI's website: www.slaadvi.org

Friday 7:00 - 8:30 p.m. Couples Meeting. Featured speakers are a married SLAA couple who met in the rooms. They will share their story and take questions from meeting attendees. Open sharing will also take place. Registrants may bring their spouses/partners to the meeting and spouses may dine with attendees prior to the meeting (\$20 cost). Contact the retreat coordinator for dinner reservations for spouses.

Saturday 7:00 - 8:30 p.m. SLAA 12 Step Speaker Meeting. Open to all members of SLAA. You don't have to be registered at the Retreat to attend this meeting.

Saturday 9:00 - 11:00 p.m. Annual Talent Show. There is a wide range of talent in our Fellowship, and it will be on stage at the Retreat. The Talent Show is open to all SLAA members. Email dviretreatcoordinator@slaadvi.org to sign up.

Insights & Reflections

Service to the Home Group

One in a series of articles in support of Intergroup's Project Service 2018.

Besides helping to set up and close up the meeting space, which *Headline News* readers discussed last issue, you can also serve by taking on a more formal role, as many SLAA members have done and continue to do.

Without the ongoing work done by the Group's officers, a meeting cannot survive, and often when a meeting does fold, it is because it has difficulty retaining or gaining new officers. If there is no one there to run meetings, work with the venue's management, administer business meetings or secure and manage the meeting's Seventh Tradition receipts, the Group will lack the structure and stewardship needed to survive.

Being of service at the home meeting as the General Chair, the Treasurer, the Secretary or the Literature Coordinator requires a bit of extra time and surely a bit more responsibility; yet, at the same time, it is one way that a member can have a stake in sustaining the meeting and, therefore, a stake in sustaining SLAA. If you have a particular talent or interest, using that personal trait to benefit the Group Meeting is returned many times over what is given.

Are you good with figures, reconciling your checkbook, keeping track of the finances? If you are, why not consider running for Treasurer of your Home Group?

Maybe you have the wherewithal to run a meeting, know how to keep others focused on the topic, and can insure all agenda items are attended to. If so, perhaps you could consider serving as the Meeting's General Chair.

Good at notetaking, can stay focused, and write good reports? Perhaps being the Secretary of your Group Meeting fits your personal style of service best.

Do you like reading program literature? Enjoy keeping abreast of the recent literature from FWS? When elections roll around, maybe becoming the Literature Person is worth your considering.

"When the need for a secretary arose in my home group," one fellow recently shared, "I was definitely interested, but hesitant at first. But then I put myself out there and volunteered for the job. It helps the program, and it helps me."

Offering to take on these responsibilities has a way of furthering your own recovery, helping to make you more accountable for your sobriety.

If your recovery suggests it, will you answer the call?

2017 Website Statistics

Statistics by Month

Month	Hits	Unique Visitors	Unique Sessions
January	2,260	1,210	1,390
February	2,335	1,231	1,350
March	2,613	1,562	1,738
April	2,121	1,265	1,378
May	2,201	1,192	1,296
June	2,175	1,286	1,433
July	2,669	1,598	1,757
August	2,261	1,420	1,553
September	2,486	1,521	1,657
October	2,486	1,514	1,672
November	2,138	1,359	1,496
December	2,213	1,509	1,626
2017 Totals	27,958	16,667	18,346

Top Ten Pages

Web Page	2017 Hits
Meeting List	5,674
Home Page	5,568
Characteristics of Sexual Anorexia	1,890
Inspiration Line	1480
Inspirational Text Sign Up	1210
Meetings/Activities	1148
Links/Literature	636
Tools of Recovery	574
Meeting Types	517
Extended Home Page	480

Look for these topics in the upcoming
April issue of *Headline News*

- ◆ Inaugural GDVI Women's Retreat
- ◆ Inspiration Team Reports
- ◆ The Value of Leading a Meeting

Call the
Inspiration Line
215-574-2120

ATTEND A GDVI MONTHLY MEETING

MARCH 13, 2018 / APRIL 10, 2018

7 - 8:30 p.m.

444 N. 3rd St., Ste. 307, Phila. PA 19123 (Pro-Act Office)

Join the conference call.

Dial 641-715-3287 (passcode 542215#)