



[info@slaadvi.org](mailto:info@slaadvi.org)

**YOUR LOCAL INTERGROUP SERVES THE FELLOWSHIP. SO CAN YOU! HERE'S WHAT WE DO:**

- ◆ **Meeting Lists**—maintaining and distributing a lifeline to SLAA recovery
- ◆ **Literature**—SLAA pamphlets and Basic Texts available FAST
- ◆ **Website**—creating a bridge to SLAA for the newcomer in our area
- ◆ **Information Line**—215-731-9760—answering newcomers' questions, sending meeting lists
- ◆ **Inspiration Line**—215-574-2120—hear experience, strength & hope, 24/7/365; leave a message/get current *whenever* you need
- ◆ **Recovery Retreats**—bringing together SLAA's in all stages of recovery for mutual aid and support
- ◆ **Sober Social Activities**—Game Night, Annual Kayak & Canoe Trip; will *your* idea be next?!
- ◆ **Institutions Outreach**—reaching the sex & love addict who still suffers *while* in treatment for a chemical or another behavioral addiction

We're on the Web!  
[www.slaadvi.org](http://www.slaadvi.org)

The Augustine Fellowship of SLAA—Greater Delaware Valley Intergroup (“GDVI”)

“Keep your sobriety first to make it last.” -Anonymous

# HEADLINE NEWS

NEWSLETTER DATE: NOVEMBER 2013

PLEASE PRINT & SHARE AT MEETINGS, NOV/DEC 2013

## Call for Nominations

The Greater Delaware Valley Intergroup (GDVI) needs people in recovery who are interested in service to step and fill a position for the upcoming calendar year. Nominations are due December 10 and elections will be held January 14, 2014.

Open positions that you can nominate yourself, or someone else, are as follows (all positions are for one year):

- General Chair**
- Vice-Chair**
- Treasurer**
- Recording Secretary**
- Corresponding Secretary**
- Literature Committee Chair**
- Retreat Committee Chairs (2 people)**
- Inspiration Line Coordinator**
- Information Line Coordinator**
- Headline News Editor**
- Web Site Coordinator**
- Meeting List Coordinator**
- Social Committee Coordinator**
- Institutions and Outreach Committee Coordinator**

### Annual Business Meeting Delegates (2 people)

If you would like more information about the positions, visit this link on the GDVI website: <http://www.slaadvi.org/gdvi-positions.html>



If you are interested in serving a position, or would like to nominate someone else, please come to the next Intergroup Meeting (see below for dates), or contact the Corresponding Secretary via e-mail: <http://www.slaadvi.org/contact-corresponding-secretary.html>

## A New Year's Day Celebration

- Start 2014 the right way by coming to the Second Annual New Year's Day Inspirational Celebration. There will be speakers (with many, many years of recovery), Great time for reflection, recovery, fellowship, food and fun!
- Save the date: Tuesday, 1/1/14, from 1 to 6pm Location: 444 North 3rd St at Callowhill, 3rd floor in the Pro Act Office, Phila, PA FREE PARKING!**

### Put Intergroup Meetings in your calendar:

When: Second Tuesday of every month, 7:00 to 8:30 pm.  
Location: 444 North 3<sup>rd</sup> Street, near Callowhill St, Suite 307 (3<sup>rd</sup> Floor, in the PRO-ACT offices) Philadelphia, PA 19123

### PLENTY OF FREE PARKING.

**If you cannot make the meeting in person, then call in to the meeting instead:**

Dial in and conference line 530-881-1200, pass code 542215#

Alternate conference line 424-203-8400, pass code 738591 #

*Note: only use the alternate line if the Board*

## What is a Meeting Treasurer's Job?

Each SLAA meeting collects a 7th tradition and designates a treasurer. The treasurer is responsible for paying the meeting's expenses and sending 7th tradition monies to the Greater Delaware Valley Intergroup (GDVI) and the main headquarters of SLAA, Fellowship Wide Services (FWS). The Seventh Tradition states that every S.L.A.A group is self-supporting. Meeting treasurers take care of basic group expenses which may include rent, literature, SLAA chips, perhaps an Annual Business Meeting fund, a GDVI retreat scholarship contribution, or other group needs like an anniversary party or a coffee and donut fund. The 60/40 split is a suggested as a way to split the remaining balance of the 7th tradition funds. The treasurers may divide any

remaining contributions in the following manner - 60% of those remaining funds can go to the GDVI Intergroup and 40% to Fellowship Wide Services. Each group can make this decision and be as autonomous as they wish. Each group is free to decide on its own ratios. They can decide to send an entire month's 7th tradition to help fund retreat scholarships. No problem! There is a 60/40 Split Form on the SLAADVI.org web site that can be down loaded, printed out and used by all meeting treasurers. The 60/40 split form provides the GDVI and FWS addresses to mail in the contributions. For more information, please go to the slaadvi.org web site to 7th Tradition Contributions or visit the slaafws.org web site and click on: [Supporting S.L.A.A. The 60-40 Way](#) .

Join the HEADLINE NEWS e-mail list. Ask to subscribe by writing to Corresponding Secretary at <http://www.slaadvi.org/contact-corresponding-secretary.html>

Call the Inspiration Line: 215-574-2120

Next GDVI Meetings: **Tuesday November 12, 2013; 7pm sharp!**  
**Tuesday December 10, 2013; 7pm sharp!**



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## Committee on the ‘40 Questions’

The Greater Delaware Valley InterGroup (GDVI) has created a committee, whose task is to revise the ‘40 Questions’ to reflect a more current digital age. The committee will bring these questions to FWS next year at the ABM for approval. Your input is welcome; please contact the committee chair Michael S at [dviinspirationlinecoordinator@slaadvi.org](mailto:dviinspirationlinecoordinator@slaadvi.org) and mention your comments or your interest in being on the committee. Below are the 40 Questions in their new form (which are designed to be used as guidelines to identifying possible signposts of sex and love addiction). Let us know what you think!

- |  |   |
|--|---|
| 01) Do you spend more hours looking at porn on the computer than eating?   | 21) Have you ever said to yourself “If do this, then he/she would love me”?   |
| 02) Have you ever gotten into or almost gotten into an automobile or accident solely because you were looking or trying to look at an attractive person? | 22) Do you believe that the more sexually experienced a person is, the more valuable they are in a relationship?                    |
| 03) Do you “sext”?   | 23) Do you often have sex simply because the other person wants to have sex?  |
| 04) At work do you seek or find yourself engaging in sexual situations?  | 24) Have you, or do you keep a list of “sexual conquests”?  |
| 05) Have you ever made a U turn or driven out of your way just to get another look?  | 25) Have you tried to stop your sexual activities and failed over and over?   |
| 06) Do you deliberately wait for a crowded bus or subway train so you can “press up against other people” after you board?                               | 26) Is it OK to film/photograph or record people in sexual situations as long as they don’t know or won’t find out about it?        |
| 07) Have you ever said to yourself “I’ve got to stop this”?  | 27) Has your sexual experiences been so uncomfortable for you that you refrain from sex all together?                               |
| 08) During the day, while with friends, co-workers or family, have you ever thought to yourself - “If they only knew where I really go at night?”        | 28) Do you feel a great partner can “fix you”?  |
| 09) Are you ashamed of your sexual thoughts or actions?  | 29) Have you often sexually fantasized at 11pm about a perfect stranger you saw on the street at 8am?                               |
| 10) Do you have sex videos streamed to your smart phone?   | 30) Is sexual performance high on your priority list?   |
| 11) Do you have a secret folder or file on your computer filled with porn?   | 31) Do you plan your work schedule around your sex life or your sexual activities?  |
| 12) Do you erase your browsing history so other people don’t find out about you?   | 32) Have you ever subscribed to 1-900- phone sex lines or internet sex chat rooms?  |
| 13) Have you lost count of the number of sexual partners you've had?   | 33) Have you ever given up a career or favorite thing simply because you thought it would make your partner happy or love you more? |
| 14) Are you isolating yourself from friends, family or others to engage in order to sexual activities?   | 34) Do you feel that having someone love you is all that really matters?  |
| 15) Do you find yourself in a relationship that you can’t leave?   | 35) Do you use sex to escape life’s problems?   |
| 16) Would you pick incredible sex instead of great companionship?  | 36) Do you use masturbation to go to sleep??  |
| 17) Do you need to be in a relationship in order to feel like a complete person?   | 37) Have you ever had a partner act out one of your sexual fantasies against his/her wishes?  |
| 18) Do you set up a potential partner or new relationship before you end a current one?  | 38) Do you feel that your life is becoming unmanageable because of your sexual or romantic needs?                                   |
| 19) Do you continually fantasize about sexual or romantic situations that may or may not never happen?   | 39) Have you ever thought of having many sexual experiences in one day as an exciting goal???                                       |
| 20) Have you ever been arrested or stopped by the police for inappropriate sexual behavior?  | 40) Have you ever said to yourself: “I hate what I am doing, but I just can’t stop !”?  |